

WHY UPWELL

In today's increasingly multicultural educational context, teachers play a strategic role in fostering an inclusive learning environment for students from different cultural backgrounds.

Teaching in these contexts presents unique challenges: it is rewarding but demanding, and educators need to constantly upskill themselves to foster an environment that enhances their work and is inclusive and respectful of pupils.

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UPWELL

#teacherswellbeing

in

#multiculturalclassrooms

THE OBJECTIVES

- Provide educators with innovative and accessible training, through OER courses and resources, to improve their effectiveness and well-being in multicultural classrooms and to foster inclusive learning environments in the school sector;
- empower teachers and develop their confidence to meet the challenges associated with multicultural education;
 - promote inclusive teaching practices and support continuous professional development;
 - encourage systemic support from educational institutions, policy makers and stakeholders to create sustainable collaboration, seeking to inform educational policies at local, national and European levels.

THE PROJECT

UPWELL focuses on the professional development and self-efficacy of teachers in multicultural classrooms in order to improve their overall well-being, with positive effects on teaching and students' learning experiences in a welcoming and more inclusive environment.

THE PARTNERS













THE ACTIVITIES

RESEARCH AND ANALYSIS

2
INNOVATIVE
CURRICULA

MOBILITY
AND
TRAINING

4 NETWORKING



